

**LEARNING TO FORGIVE VIRTUAL WORKSHOP**  
**PRESENTED BY ANNA RACINE**



**SAT., MAY 29, 2021**  
**10:00 TO 3:00**

**HELD VIRTUALLY ON**  
**ZOOM PLATFORM**

**COST: \$40.00**

**REGISTER AT:**

**annaracine.org@gmail.com or**  
**(905) 351-8367**

**Presenter Bio:** Anna Racine is a Trained Facilitator of Workshops and Retreats and is a Certified Spiritual Director.

For more information: visit  
**www.annaracine.org**

**FORGIVENESS: What is it and how do you do it?**

This Workshop identifies the stumbling blocks to forgiveness and provides practical methods to work through the anger, blame and resentment. Forgiveness is about letting go of the past, and understanding it in order to move on. Forgiveness is one of the greatest gifts you can give yourself.



