



## **BULLETIN ANNOUNCEMENTS**

### **May 2021**

**Join the *Reel Justice Film Festival*, May 27th, 2021, 7:00 PM – 9:00 PM** for the screening of *The End of Immigration*. This powerful documentary examines the realities of temporary foreign workers in Canada and reveals an inequity that is having a profound impact on the society in which we live. **Following the film, Sarah Guinta, Coordinator for the Office of Justice and Peace, and Rev. Peter Ciallella, Pastor of Blessed Sacrament Parish, Burford, will offer a conversation regarding ministry to temporary foreign workers in the Diocese of Hamilton.** RSVP online: <https://reeljusticefilmfestival.wordpress.com/contact-us/> or by email: [library@hamiltondiocese.com](mailto:library@hamiltondiocese.com). Join the discussion! The *Reel Justice Film Festival* is a partnership between the Bishop Farrell Library & Archives and Development and Peace.

**PARENTING TIP OF THE MONTH - Parenting Tip 130:** COVID-19 continues to dominate and control much of our lives. All of this affects children, but since they take their cues from adults in their lives, we can help them to feel resilient. Remind them of how happy you are, despite all that is happening that you are together as a family. Remind them of the beauty of nature that is all around for them to see and enjoy, that technology lets them connect with other family and friends and that through all of this we can continue to pray and ask for God's blessings. When they hear anger and frustration, they feel worry and concern; when they hear optimism and calm, they too feel those emotions as well. Let us remind our children how much we love them; help keep them strong during the pandemic. From: Family Ministry Office.

**MARRIAGE TIP OF THE MONTH - Marriage Tip 110:** Listening may be the most important aspect of any relationship, but it is also the hardest part for us to get right! Listening requires our full attention, not just to the words spoken, but also to the emotions attached. Doing so allows us to understand how our spouse is feeling and, if we listen attentively, to repeat back what we are hearing. When we do this without first making a defensive reply, issues get resolved and our spouse feels supported. Then we can reverse roles, expressing our thoughts and feelings on the issue, as our spouse becomes the listener. Happy couples work on these skills until they become second nature, thus keeping their relationship bond strong. From: Family Ministry Office.

**Anniversary Mass 2021 Registration** - The Anniversary Mass scheduled for June of 2021 has been cancelled due to restrictions and concerns around COVID-19. We invite you to register your 25, 40, 50, 60 and 60 + years of marriage on the Diocesan website at [hamiltondiocese.com](http://hamiltondiocese.com). The Anniversary Mass is listed on the home page - click on the icon and you can register your anniversary. We will send you the certificate you would have received from Bishop Crosby at the Mass. If you have questions please contact [familyministry@hamiltondiocese.com](mailto:familyministry@hamiltondiocese.com).

**Struggling After an Abortion?** Either your own, or someone else's? Do you feel alone, emotional, or angry? Project Rachel is available to help. This confidential service allows people to work through their feelings on an individual basis, with a trained counsellor, to find hope and healing. **Please contact us at 905-526-1999 or toll free at 1-888-385-3850.**